# Form and Function **Structuring Outreach to Support Wellness**

**University of Washington Bothell & Cascadia College Campus Library Community Reads Team** 

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# Our Team

Alyssa Berger (she/they), Education & Health Studies Librarian Carina Bixby (she/her), Reserves and Circulation Technician Hannah Mendro (she/her), Collections Supervisor Laura Dimmit Smyth (she/her), Fine Arts & Data Librarian Nicholas Whale (he/him), Circulation Supervisor

# Our Campus

- University of Washington Bothell & Cascadia College Campus Library
- Two separate campuses; library serves both
- Roughly 8,500 students, mostly undergraduates
- Largely a commuter campus, but residential population is increasing

## Community Reads Program

- Goal: Building community through common experiences
- Started in 2016: a "book group" that became something more
- Deepen campus engagement with social justice and DEIfocused topics through media
- Shifted on online events and asynchronous activities during COVID
  - Ongoing experimentation with event modalities (with varied success)

# **Centering Wellness**

- Experimenting with a variety of event modalities
- Always providing food
- Selecting material that students care about (social justice/DEI)
- Being responsive and adapting to community needs



## Programming





Wellbeing: Community Reflections

44 Items From Category "Winter 2022"



## I am studying how to be in school with you.

@ March 11, 2022



## Climate change

As humans, we think climate change is affecting us greatly when in reality the ones getting affected are those in...

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() February 23, 2022

## Idenity Searching

Many quotes from Undrowned stood out to me. Those that I incorporated in my art piece are the ones I...

@ March 2, 2022



## Within

It was the "Listen to your body" prompt. S February 15, 2022

## My Family, My Pod

Though we are small

Though we are only two we take care of each othe

## My Family, My Pod

This is the story of my family, shown is a short poem relating the marine life way of family "Pods" ....

© February 23, 2022

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## **Orphan's dream**

Why did life choose to punish me like this? I wonder what did I do wrong, To be born in...

③ February 23, 2022







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Though we have lost one

## Discussion

How do you design events or programs that prioritize student wellbeing?

How have events or programs at your library evolved over time in response to student or community needs?

What challenges have you faced in incorporating student wellness into your programming?



- Questions? Contact us at <u>uwblibcommreads@uw.edu</u>
- Community Reads LibGuide
  - Community Reflections SPLOTbox
- UWB/CC Land Acknowledgment